

ALL SAINTS' EPISCOPAL CHURCH

San Diego, California



DAY OF PENTECOST WHITSUNDAY

May 24th, 2026
10:00 AM | Mass

Welcome to All Saints' Mass in our church or by live-stream, especially if you are a newcomer or visitor! When you get the chance, please help us to get to know you by introducing yourself to our rector, Fr. Carlos Expósito.

We hope that you will find in this bulletin everything you need to make your link to our community a joyful one. In it you will find the text for all of the Mass prayers and readings.

The symbol + indicates when to make the sign of the Cross. It is also customary to make a discreet bow at the name of Jesus.



THE FLOWERS ON THE HIGH ALTAR
are offered in the
GLORY OF GOD

ON THE COVER

Pentecost (c. 1620)

Fray Jaun Bautista Pastrana Maíno (1581-1649)

“Peace be with you. As the Father has sent me, so I send you.” When he had said this, he breathed on them and said to them, “Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained.” ”

John:20

ALL SAINTS' MISSION STATEMENT

“Our mission is to bring the good news of Jesus Christ's love to our entire community through traditional Anglo-Catholic worship, fellowship, outreach, and Christian formation.”

OUR VISION

“We strive to be a haven of healing, reconciliation, joy and peace in service to our wider community and beyond, so that our example in prayer and practice may reflect Christ’s love for us all.”

OUR CORE VALUES:

- Welcoming strangers like old friends
- Embracing the Anglo-Catholic tradition
- Being dependable members of a caring community
- Respecting each other's differences
- Being faithful stewards of God's gifts
- Remembering that God loves everyone unconditionally

CELEBRANT: The Rev. Carlos E. Expósito, Rector

MASS SETTING: Healey Willan

ORGAN PRELUDE

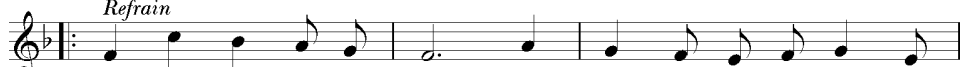
Prelude on Down Ampney

Henry G. Ley

PROCESSIONAL HYMN — *Please stand*

Salve Festa Dies

Refrain



Hail thee, fes - ti - val day! blest day that art hal - lowed for



ev - er, day when the Ho - ly Ghost shone in the



world with God's grace. grace.



1 Lo, in the like - ness of fire, on those who a -
3 Hark! for in myr - i - ad tongues Christ's own, his —



wait his ap - pear - ing, he whom the
cho - sen a - pos - tles, preach to the



Lord fore - told sud - den - ly, swift - ly, de - scends:
ends of the earth Christ and his won - der - ful works:



2 Forth from the Fa - ther he comes with seven - fold —
4 Praise to the Spi - rit of Life, all praise to the



my - sti - cal of - fering, pou - ring on all hu - man
fount of our be - ing, light that dost light - en —



souls in - fin - ite rich - es of God:
all, life that in all dost a - bide:

Words: Venantius Honorius Fortunatus (540?–600?); tr. English Hymnal, 1906, alt.

Music: *Salve festa dies*, Ralph Vaughan Williams (1872–1958)

THE SALUTATION AND COLLECT FOR PURITY

Alleluia. Christ is risen. +

All: **The Lord is risen indeed. Alleluia.**

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord.

All: *Amen.*

THE PENITENTIAL RITE — *Please kneel*

Let us humbly confess our sins unto Almighty God.
Most merciful God,

All: **We confess that we have sinned against thee
in thought, word, and deed,
by what we have done, and by what we have left undone.**

**We have not loved thee with our whole heart;
We have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.**

**For the sake of thy Son, Jesus Christ,
have mercy on us and forgive us;
that we may delight in thy will, and walk in thy ways,
to the glory of thy Name.**

Amen.

The Celebrant pronounces the Absolution.

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, + pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord.

All: *Amen.*

KYRIE (Hymnal #710)

All sing: LORD, have mercy upon us.
 Christ, have mercy upon us.
 LORD, have mercy upon us.

GLORIA IN EXCELSIS (Hymnal #713) — Please stand

Glory be to God on high,
All sing: And on earth peace, good will towards men.
 We praise thee, we bless thee,
 we worship thee, we glorify thee,
 we give thanks to thee for thy great glory,
 O LORD God, heavenly King, God the Father Almighty.
 O LORD, the only begotten Son, Jesus Christ;
 O LORD God, Lamb of God, Son of the Father,
 that takest away the sins of the world,
 have mercy upon us.
 Thou that takest away the sins of the world,
 receive our prayer.
 Thou that sittest at the right hand of God the Father,
 have mercy upon us.
 For thou only art Holy;
 Thou only art the LORD;
 Thou only, O Christ,
 with the Holy Ghost,
 art most high + in the glory of God the Father. *Amen.*

THE COLLECT OF THE DAY

The LORD be with you.

All: **And with thy spirit.**

Let us pray.

Almighty God, who on this day didst open the way of eternal life to every race and nation by the promised gift of thy Holy Spirit: Shed abroad this gift throughout the world by the preaching of the Gospel, that it may reach to the ends of the earth; through Jesus Christ our Lord, who liveth and reigneth with thee, in the unity of the same Spirit, one God, for ever and ever.

All: *Amen.*

FIRST READING Acts 2:1-21 — *Please be seated*

A Reading from the Book of Acts.

(Read aloud in German)

When the day of Pentecost had come, the disciples were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.

Now there were devout Jews from every nation under heaven living in Jerusalem. And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. Amazed and astonished, they asked, "Are not all these who are speaking Galileans? And how is it that we hear, each of us, in our own native language? Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabs~ in our own languages we hear them speaking about God's deeds of power."

All were amazed and perplexed, saying to one another, "What does this mean?" But others sneered and said, "They are filled with new wine."

But Peter, standing with the eleven, raised his voice and addressed them, "Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. Indeed, these are not drunk, as you suppose, for it is only nine o'clock in the morning. No, this is what was spoken through the prophet Joel:

‘In the last days it will be, God declares,
that I will pour out my Spirit upon all flesh,
and your sons and your daughters shall prophesy,
and your young men shall see visions,
and your old men shall dream dreams.

Even upon my slaves, both men and women,
in those days I will pour out my Spirit;
and they shall prophesy.

And I will show portents in the heaven above
and signs on the earth below,
blood, and fire, and smoky mist.

The sun shall be turned to darkness
and the moon to blood,

before the coming of the Lord's great and glorious day.
Then everyone who calls on the name of the Lord
shall be saved.”

The Word of the LORD.

All: **Thanks be to God.**

THE PSALM Psalm 104:25–32 — *Sung by the choir*

- 25 O LORD, how manifold are your works! *
in wisdom you have made them all;
the earth is full of your creatures.
- 26 Yonder is the great and wide sea
with its living things too many to number, *
creatures both small and great.
- 27 There move the ships,
and there is that Leviathan, *
which you have made for the sport of it.
- 28 All of them look to you *
to give them their food in due season.
- 29 You give it to them; they gather it; *
you open your hand, and they are filled with good things.
- 30 You hide your face, and they are terrified; *
you take away their breath,
and they die and return to their dust.
- 31 You send forth your Spirit, and they are created; *
and so you renew the face of the earth.
- 32 May the glory of the LORD endure for ever; *
may the LORD rejoice in all his works.

SECOND READING 1 Corinthians 12:3b-13

A Reading from Paul's First Letter to the Corinthians.

(Read aloud in Spanish)

No one can say "Jesus is Lord" except by the Holy Spirit. Now there are varieties of gifts, but the same Spirit; and there are varieties of services, but the same Lord; and there are varieties of activities, but it is the same God who activates all of them in everyone. To each is given the manifestation of the Spirit for the common good. To one is given through the Spirit the utterance of wisdom, and to another the utterance of knowledge according to the same Spirit, to another faith by the same Spirit, to another gifts of healing by the one Spirit, to another the working of miracles, to another prophecy, to another the discernment of spirits, to another various kinds of tongues, to another the interpretation of tongues. All these are activated by one and the same Spirit, who allots to each one individually just as the Spirit chooses.

For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body— Jews or Greeks, slaves or free— and we were all made to drink of one Spirit.

The Word of the LORD.

All: **Thanks be to God.**

GOSPEL ACCLAMATION — *Please stand*

Alleluia, Alleluia, Alleluia!

All sing: **Alleluia, Alleluia, Alleluia!**

May the glory of the LORD endure forever;

may the LORD be glad in his works!

Pleasing to him be my theme;

I will be glad in the LORD.

All sing: **Alleluia, Alleluia, Alleluia!**

THE HOLY GOSPEL John 20:19–23

The LORD be with you.

All: **And with thy spirit.**

+The Holy Gospel of our Lord Jesus Christ according to John.

All: **Glory be to thee, O LORD.**

When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, “Peace be with you.” After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, “Peace be with you. As the Father has sent me, so I send you.” When he had said this, he breathed on them and said to them, “Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained.”

The Gospel of the LORD.

All: **Praise be to thee, O Christ.**

SERMON — Please *be seated*

Fr. Carlos E. Expósito

NICENE CREED (Hymnal #759) — *Please stand*

I believe in one God,

All sing: the Father Almighty,

maker of heaven and earth,
and of all things visible and invisible.

And in one Lord Jesus Christ,
the only-begotten Son of God,
begotten of his Father before all worlds,
God of God, Light of Light,
very God of very God,
begotten, not made,
being of one substance with the Father;
by whom all things were made;
who for us men and for our salvation
came down from heaven,

(Kneel for next 3 lines)

*and was incarnate by the Holy Ghost
of the Virgin Mary,
and was made man;*

and was crucified also for us under Pontius Pilate;
he suffered and was buried;
and the third day he rose again according to the Scriptures,
and ascended into heaven,
and sitteth on the right hand of the Father;
and he shall come again, with glory,
to judge both the quick and the dead;
whose kingdom shall have no end.

And I believe in the Holy Ghost, the LORD, and Giver of Life,
who proceedeth from the Father and the Son;
who with the Father and the Son together is worshipped
and glorified;
Who spake by the Prophets.

And I believe one Holy Catholic and Apostolic Church;
I acknowledge one Baptism for the remission of sins;
and I look for the resurrection of the dead,
+ and the life of the world to come. *Amen.*

PRAYERS OF THE PEOPLE — *Please kneel*

Celebrant: Let us pray for the whole state of Christ's Church and the world.

Today's service is offered to the greater glory of God, Father, Son, and Holy Spirit. We commend to the LORD all those who are displaced or suffering from storms, fire, hunger, or conflict across the world. We also ask the LORD for safety and peace throughout Venezuela, Cuba, and Iran. We especially pray for the victims and their families of the Islamic Center of San Diego shooting

Litanist: LORD in thy mercy. *People:* **Hear our prayer.**

We pray for thy Holy Catholic Church throughout the world. We pray for the peace of Jerusalem; the Anglican Communion, Sarah, Archbishop of Canterbury; for Sean, Presiding Bishop, Susan, the fifth Bishop of San Diego; for Carlos, our rector, and his family; for our sister parish, St. Thomas the Apostle, Hollywood, and Canon Ian Davies, Rector. Today, we pray for the Episcopal Church in the Philippines; for the clergy and people of St. Thomas of Canterbury, Temecula, and the children and teachers of St. Thomas Preschool. For the Anglican Communion, and the ministries of all its provinces.

Litanist: LORD in thy mercy. *People:* **Hear our prayer.**

Father, we pray for peace throughout the world, especially in Eastern Europe, the Middle-East, and the nations of Central Africa. We pray for Donald, our President, Gavin our Governor, and all those in authority.

Litanist: LORD in thy mercy. *People:* **Hear our prayer.**

We pray for our Armed Forces serving at home and abroad and for the family and friends who await their safe return. In this parish we pray for: Kyle, Ethan, Caellan, Noah, Tua, Jordan, Cade, and Cole. We also pray for the officers, crew, and families of the Naval Special Warfare Command, Naval Amphibious Base Coronado.

Litanist: LORD in thy mercy. *People:* **Hear our prayer.**

We pray for the city of San Diego, and all who live and work in this neighborhood of Hillcrest, especially our incoming neighbors and the Montessori School in our education building; for all those who are unemployed or homeless; for our own families, and for our Parish family, that we may grow in faith and love. We pray for the director, staff, and families of Colmena Academy.

Litanist: LORD in thy mercy. *People:* **Hear our prayer.**

LORD, send the Holy Spirit, the Comforter, to all who are in trouble, sorrow, need, sickness, for all prisoners and captives; and your blessing upon all those who have asked for our prayers, privately, especially those suffering from addictions, their friends and families; and for those whose names are attached to the prayer chain on the chancel entrance wall.

We especially pray today for: Elaine, Maureen, Louise, Carson, George, Sydnee, Briana, Christian, Ruby, Verna, Antonio, Robert, David, Tanya, Tony, Twyla, Monique, Ellen, Susan, Tiante, Joe, Amadeus, Matthew, Deborah, Jennie, Jack, Delaney, Michelle, Hunter, Fr. Gaylord, Norma J., Pat, Lois, Jo-Darlene, Norma L., Kaeliana, Wayne, Ellie, Eric, Donna, Shawntay, Alexis, Georgia, Kay, and Laura.

Litanist: LORD in thy mercy. *People:* **Hear our prayer.**

Father, we pray for the souls of the faithful departed, for those who have died recently, especially Betty Tucker and Sara Richburg Lockridge.

We also pray for those whose anniversaries occur at this time: Eleanor Mitchell Coldwell, James Cruz, Donald M. Dreyer, Roynan Ness, Zach Zuber, Theodore Atwood (Priest), Esther M. Thompson, Carl Koebel, and Michael Harrison Browne.

Litanist: Rest eternal grant to them O LORD +
People: **And let light perpetual shine upon them.**

Father, we give thanks for the example and prayers of the ever Blessed Virgin Mary and all Thy saints, and now join them in offering our own prayers, petitions, and thanksgivings.

At this time, additional petitions and thanksgivings may be said quietly or silently.

Celebrant: LORD in thy mercy. *People:* **Hear our prayer.**

The celebrant concludes the Prayers.

Lord Jesus Christ, you said to your apostles, “Peace I give to you; my own peace I leave with you.” Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly city, where with the Father and the Holy Spirit you live and reign, now and for ever.

All: ***Amen.***

PEACE — *Please stand*

Celebrant: The Peace of the LORD be always with you.

All: **And with thy Spirit.**

Please stand and exchange a sign of the peace of Jesus Christ with your immediate neighbors by greeting one another and saying: “Peace be with you.”

OFFERTORY SENTENCE — *Please stand*

Let us with gladness present the offerings and oblations of our life and labor to the LORD.

A collection will be taken during the Offertory. Anyone who would like to make their contribution digitally (e.g. via credit card) may do so by scanning the QR code on the back cover.

OFFERTORY ANTHEM — *Please be seated*

All Saints' Choir

Pentecost

Joseph Running

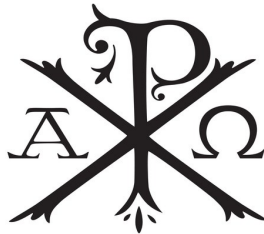
Suddenly there came a sound from heaven,
as of a mighty rushing wind;
and it filled all the house where they were sitting:
Alleluia, alleluia, alleluia!

And there appeared to them tongues like flames of fire,
and they were filled with the Holy Spirit,
and began to talk of the wonderful works of God
Alleluia, alleluia!

THE OFFERTORY PRAYER — *Please stand*

LORD, accept the gifts thy Church offers thee with joy, since in fulfillment of thy will thy Son offered himself as a lamb without blemish for the life of the world. Grant this through Christ our Lord.

All: Amen.



OFFERTORY HYMN

Down Ampney

1 Come down, O Love di - vine, seek thou this soul of mine,
2 O let it free - ly burn, till earth - ly pas - sions turn
3 And so the yearn - ing strong, with which the soul will long,

and vis - it it with thine own ar - dor glow - ing;
to dust and ash - es in its heat con - sum - ing;
shall far out - pass the power of hu - man tell - ing;

O Com - fort - er, draw near, with - in my heart ap - pear,
and let thy glo - rious light shine ev - er on my sight,
for none can guess its grace, till Love cre - ate a place

and kin - dle it, thy ho - ly flame be - stow - ing.
and clothe me round, the while my path il - lum - ing.
where - in the Ho - ly Spi - rit makes a dwell - ing.

Words: Bianco da Siena (d. 1434?); tr. Richard Frederick Littledale (1833-1890), alt.
Music: *Down Ampney*, Ralph Vaughan Williams (1872-1958)

LITURGY OF THE HOLY EUCHARIST — *Please stand*

Pray Brethren,
that this my sacrifice and yours may be acceptable to God,
the Almighty Father.

All: **May the LORD receive the sacrifice at thy hands,
to the praise and glory of His Name,
to our benefit and that of all His Holy Church.**

EUCHARISTIC PRAYER

The LORD be with you.

All: **And with thy spirit.**
Lift up your hearts.

All: **We lift them up unto the LORD.**

Let us give thanks unto our LORD God.

All: **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O LORD, Holy Father, Almighty, everlasting God.

Through Jesus Christ our Lord; according to whose true promise the Holy Ghost came down on this day from heaven, lighting upon the disciples, to teach them and to lead them into all truth; uniting peoples of many tongues in the confession of one faith, and giving to thy Church the power to serve thee as a royal priesthood, and to preach the Gospel to all nations.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying:

SANCTUS ET BENEDICTUS *(Hymnal #711)*

All sing: Holy, Holy, Holy, LORD God of Hosts:
 Heaven and earth are full of thy glory.
 Glory be to thee, O LORD Most High.
 + Blessed is He that cometh in the name of the LORD.
 Hosanna in the highest.

PRAYER OF CONSECRATION — *Please kneel*

All glory be to thee, O LORD our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, “Take, eat, this is my Body, which is given for you. Do this in remembrance of me.”

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, “Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me.”

Wherefore, O LORD and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O LORD, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction;+ and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our LORD;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.

All: *Amen.*

THE LORD'S PRAYER *(Hymnal #722)*

And now, as our Savior Christ hath taught us, we are bold to say:

All sing: Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.

Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.

And lead us not into temptation,
but deliver us from evil.

For thine is the kingdom, and the power, and the glory,
for ever and ever. *Amen.*

THE BREAKING OF BREAD

Alleluia. Christ our Passover is sacrificed for us;

All: Therefore let us keep the feast. Alleluia!

AGNUS DEI *(Hymnal #712)*

All sing: O Lamb of God,
 that takest away the sins of the world,
 have mercy upon us.

O Lamb of God,
that takest away the sins of the world,
have mercy upon us.

O Lamb of God,
that takest away the sins of the world,
grant us thy peace.

PRAYER OF HUMBLE ACCESS

All: We do not presume to come to this thy Table,
O merciful Lord, trusting in our own righteousness,
but in thy manifold and great mercies.
We are not worthy so much as to gather up the crumbs
under thy Table.
But thou art the same Lord whose property
is always to have mercy.
Grant us therefore, gracious Lord,
so to eat the flesh of thy dear Son Jesus Christ,
And to drink his blood,
that we may evermore dwell in him and he in us. *Amen.*

THE INVITATION

Behold the Lamb of God, +
behold Him that taketh away the sins of the world.

All: LORD, I am not worthy that thou shouldst come under my roof,
but speak the word only, and my soul shall be healed.

All baptized Christians are invited to come forward for communion.

Those who are unable to receive communion, or do not yet receive, are invited to come forward for a blessing. To indicate that you wish to receive a blessing, please cross your arms over your chest rather than holding out your hands.

COMMUNION HYMN — *Please kneel*

Let Us Break Bread



1 Let us break bread to - geth-er on our knees; _____
2 Let us drink wine to - geth-er on our knees; _____



let us break bread to - geth-er on our knees; _____
let us drink wine to - geth-er on our knees; _____



when I fall on my knees, with my face to the ris - ing sun,



O Lord, have mer-cy on me. _____



3 Let us praise God to - geth-er on our knees; _____



let us praise God to - geth-er on our knees; _____



when I fall on my knees, with my face to the ris - ing sun,



O Lord, have mer-cy on me. _____

Words: African-American spiritual

Music: *Let Us Break Bread*, Afro-American spiritual; arr. and harm. David Hurd (b. 1950)

PRAYER FOR SPIRITUAL COMMUNION

*I believe that Thou art truly present in the Holy Sacrament,
and since I cannot at this time receive communion,
I pray Thee to come into my heart.*

*I unite myself with Thee and embrace Thee with all
my heart, my soul, and my mind.*

*Let nothing separate me from Thee;
let me serve Thee in this life until, by Thy grace,
I come to Thy glorious kingdom and unending peace.*

Amen.

POST-COMMUNION PRAYER — *Please kneel*

Almighty and everliving God,

All: We most heartily thank Thee
for that Thou dost feed us,
in these Holy mysteries,
with the spiritual food of the most precious
Body and Blood of Thy Son our Savior Jesus Christ;

And dost assure us thereby of Thy favor
and goodness towards us;

And that we are very members incorporate
in the mystical body of Thy Son,
the blessed company of all faithful people;

And are also heirs, through hope,
of Thy everlasting kingdom.

And we humbly beseech Thee, O heavenly Father,
so to assist us with Thy grace,
that we may continue in that Holy fellowship,
and do all such good works as Thou
hast prepared for us to walk in;

Through Jesus Christ our Lord,
to whom, with Thee and the Holy Ghost,
be all honor and glory,
world without end. *Amen.*

THE BENEDICTION

May Almighty God, who enlightened the minds of the disciples by pouring out upon them the Holy Spirit, make you rich with his blessing, that you may abound more and more in that Spirit for ever. *Amen.*

May God, who sent the Holy Spirit as a flame of fire that rested upon the heads of the disciples, burn out all evil from your hearts, and make them shine with the pure light of his presence. *Amen.*

May God, who by the Holy Spirit caused those of many tongues to proclaim Jesus as Lord, strengthen your faith and send you out to bear witness to him in word and deed. *Amen.*

And the blessing of God Almighty, the Father, the Son, + and the Holy Spirit, be among you, and remain with you always.

All: *Amen.*

NOTICES — *Please be seated*

Birthday Prayer

Many happy returns of the day of thy birth,
may seasons of joy be given.

May God in his mercy prepare you on earth
for a beautiful birthday in Heaven. *Amen.*

Anniversary Prayer

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

THE REGINA COELI — *Please stand*

Sung to the tune of “Easter Hymn” (Jesus Christ is Risen Today)

All sing: **Joy to thee, O Queen of Heaven, Alleluia!**
 For He whom thou wast meet to bear, Alleluia!
 As He promised hath arisen, Alleluia!
 Pour for us to God thy prayer, Alleluia!

Celebrant: Rejoice and be glad, O Virgin Mary, Alleluia!

All: **For the LORD is Risen indeed, Alleluia!**

Let us pray.

O God, who by the resurrection of thy Son, our Lord Jesus Christ, hast brought joy to the whole world; grant we beseech thee, that by the prayers of his Holy Mother, the Virgin Mary, we may obtain the joys of everlasting life. Through the same Christ our Lord.

All: ***Amen.***

DISMISSAL

Let us go forth in the name of Christ. Alleluia! Alleluia!

All: **Thanks be to God. Alleluia! Alleluia!**

RECESSIONAL HYMN — *Please stand*

Cwm Rhondda

1 Guide me, O thou great Je - ho - vah, pil - grim through this
2 O - pen now the crys - tal foun-tain, whence the heal - ing
3 When I tread the verge of Jor - dan, bid my anx - ious

bar - ren land; I am weak, but thou art might - y;
stream doth flow; let the fire and cloud - y pil - lar
fears sub - side; death of death, and hell's de - struc - tion,

hold me with thy power - ful hand; bread of hea - ven,
lead me all my jour - ney through; strong de - liv - erer,
land me safe on Ca - naan's side; songs of prais - es,

bread of hea - ven, feed me now and ev - er -
strong de - liv - erer, be thou still my strength and
songs of prais - es, I will ev - er give to

Words: William Williams (1717-1791); tr. Peter Williams (1722-1796), alt.

Music: *Cwm Rhondda*, John Hughes (1873-1932)

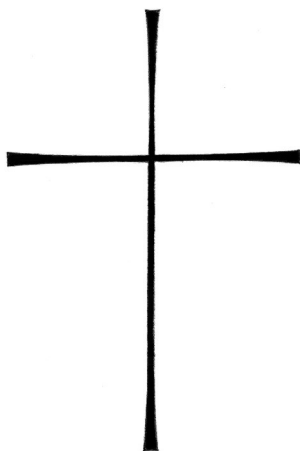
more, shield, thee, feed me now and be thou still my strength and shield. I will ev - er give to thee.

The image shows a musical score for a hymn. It consists of two staves, a treble clef on top and a bass clef on the bottom. The key signature has one sharp (F#). The lyrics are written below the staves, with some words hyphenated across lines. The music is a simple, homophonic setting of the lyrics.

ORGAN POSTLUDE

The Heavens Declare the Glory of God

B. Marcello



PARISH NOTICES

ALL SAINTS' MASSES & GATHERINGS

- **Every Sunday:** 10:00 AM – Mass
On Sundays we continue worshipping in our historic church. The Sunday service will be on Zoom.
- **Every Tuesday:** 12:00 PM, Noon – Mass (St. Mary Chapel)
- **Every Thursday:** 1:00 PM – Devotional Service
There is a short devotional service in the Rector's office, followed by a Bible study session based on one of the readings for the Sunday of that week. Join us either in person or via Zoom; find the link to join these sessions in our weekly digital newsletter; you can also enter the link below into your web browser:

[https://us02web.zoom.us/j/87935063092?
pwd=SWRHaGxOUXU2VXZqTzhGNnhSYStLUT09](https://us02web.zoom.us/j/87935063092?pwd=SWRHaGxOUXU2VXZqTzhGNnhSYStLUT09)

SPECIAL CLASSES AND PROGRAMS

- **Christian Formation and First Communion Instruction for Children Ages 5-12**
Sundays from 10:00 AM to 10:45 AM in the Parish Hall, taught by Lucretia Locke. For registration, call (619) 298-7729 or email us at info@allsaintschurch.org.
- **Christian Formation – Book Study**
On the Sunday of May 24—**today!**—, we will be continuing our book from the Lenten season, “*The Screwtape Letters*” by C.S. Lewis; see the next few pages (p. 29, 30) for more details on this book!

PARISH NOTICES

CHRISTIAN FORMATION FOR ADULTS

The Screwtape Letters, by C.S. Lewis

“Join us this in a journey through one of the most engaging Christian books ever written... A book that doesn’t just tell you what temptation is – it shows you how it works.”

Each letter opens a window into the spiritual life that’s accessible, reflective, and deeply pertinent in our day-to-day living.

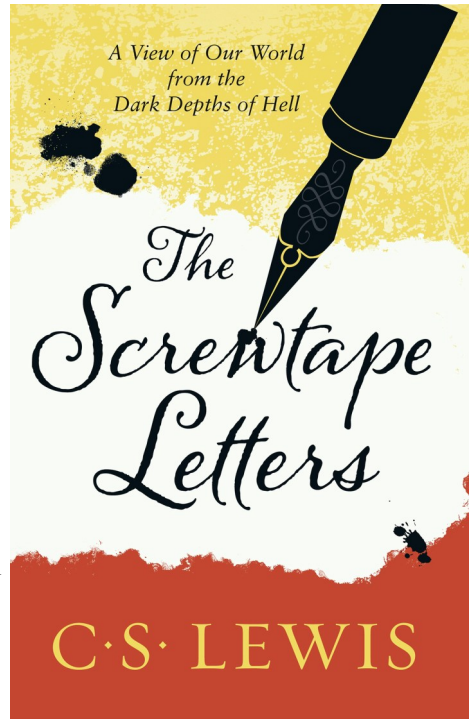
This study isn’t just about “demons and temptation” – it’s really about understanding our hearts and how God pursues us even in the ordinary moments.

Why *The Screwtape Letters* Matters

The Screwtape Letters is a brilliantly written Christian classic in which C.S. Lewis lets a senior demon teach a junior tempter how to lure a human away from the Enemy – that’s God. Through satire and reversal, Lewis invites us to see spiritual struggle from a fresh, often humorous angle.

Rather than a typical sermon or theological treatise, it’s a set of 31 fictional letters full of psychological insight, moral challenge, and sharp spiritual wisdom – cleverly disguised as advice from Hell’s perspective.

Lewis’ use of irony – calling God “the Enemy” and demons’ tactics wise counsel – helps us recognize frequently overlooked temptations: complacency, pride, distraction, and subtle self-deception.



PARISH NOTICES

A Little Flavor from the Book

In his letters, Screwtape urges Wormwood to keep the Patient focused on vanity, boredom, fear, and self-absorption – because the daily battles are the ones that matter most.

One of the most quoted insights is:

“The safest road to Hell is the gradual one – the gentle slope, soft underfoot, without sudden turnings, without milestones...”

It gets you thinking about how small choices shape your spiritual life

Who Is This For?

- Curious seekers who want to understand spiritual temptation in a new way,
- Long-time believers who crave fresh reflection during Lent,
- Anyone who’s ever wondered why everyday life sometimes feels spiritually tricky.

Study Format Snapshot

We’ll meet on the second and fourth Sunday of each month in the library at 12:00 PM during Lent and beyond, continuing today on Sunday, May 24.

Each session will explore a set of 3 chapters together – mixing conversation, prayer, and insight. No prior C.S. Lewis familiarity is required – just an open heart and a desire to grow in faith!

(For those of you who do not attend in person regularly, but would like to join us in the study sessions, there is an opportunity to join us via Zoom; find the link to join on the first few pages of the Parish Notices (p. 28)).

REGARDING MASS FOR MAY 31ST

In consideration of the road-closures for the Rock n’ Roll Marathon on May 31st, our mass service on that day for the First Sunday after Pentecost (Trinity Sunday) will start at **11:00 AM**.

PARISH NOTICES

OUR STEWARDSHIP



In his stewardship sermon on May 10, Father Gaylord Hitchcock urged all of us to make a will or trust to provide for family members and, if possible, to provide bequests for religious and charitable purposes. It is also possible to make the church the beneficiary of a life insurance policy or an Individual Retirement Account. A will or trust, Father Gaylord told us, is both a legal and a spiritual document and a way of carrying our stewardship beyond the grave.

"For where your treasure is, there your heart will be also."
(Matthew 21:6).

SOCIAL ACTION UPDATE

Pentecost! Filled with the Holy Spirit, we too can spread this gift of eternal life! However, we also need to remain aware of our neighbors on the streets with no housing or guarantee of a meal. We are called to spread the gift of mortal life through acts of charity - including the work of this Social Action Committee.

Your help is needed by providing new sweat-pants in sizes M, L, XL for homeless patients at the Scripps-Mercy ER.



Any donation of non-perishable foods put in the wagon for our local food banks is wonderful.

Any financial donation earmarked for SAC is always welcome also.

Thank you for manifesting Jesus to the benefit of our less fortunate neighbors! Your faithful generosity is always appreciated . . .

Your Social Action Committee

PARISH NOTICES

EUCCHARISTIC VISITOR MINISTRY

We are in need of more Lay Eucharistic Visitors (LEVs)! Under Father Carlos, the ministry of LEV has been revived at All Saints' Church. They go out after Sunday Mass and Tuesday Mass, doing no more than two visits a day. There are currently only three LEVs but many more parishioners in need of their ministry. We would like to serve more of our shut-ins in a timely manner. Help would be greatly appreciated!

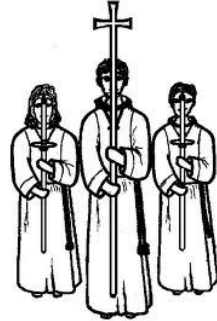
Eucharistic Visitors are members of the congregation who are licensed by the Bishop to take the Blessed Sacrament "in a timely manner" to those who are unable to attend a regularly scheduled celebration of the Holy Eucharist in the church or chapel.



If you would like to add a name to the list of those to be visited, please contact Fr. Carlos or Ed Heck:
(rector@allsaintschurch.org)
(edheck46@gmail.com).

CHRISTIAN FORMATION FOR CHILDREN

Sundays from 10:00 to 10:45 AM



Christian Formation and First Communion Instruction for Children Ages 5-12 in the Parish Hall, taught by Lucretia Locke.

For registration, call (619) 298-7729, or email us at info@allsaintschurch.org.

Formación Cristiana y clases de Primera Comunión para niños y niñas

(de 5 a 12 años)

Domingos de 10 a 10:45 AM, en el salón parroquial.

A cargo de Lucretia Locke.

Para la matrícula llame al (619) 298-7729

o envíenos un correo electrónico a esta dirección:
info@allsaintschurch.org.

PARISH NOTICES

TAIZÉ MEDITATION, SERVICE, MAY 31ST

Step into a peaceful evening of prayer, music, and reflection at a meditative Taizé service, **hosted by us**, at All Saints' Church in Hillcrest (625 Pennsylvania Ave, San Diego) on Sunday, May 31, at 5:30 PM! Rooted in simple chants, silence, and candlelit contemplation, this gathering offers space to slow down, breathe deeply, and re-connect with God in community. All are welcome to this gentle and prayerful experience.

SAFE CHURCH, SAFE COMMUNITY

Our diocese offers the following information for everyone regarding any sort of misconduct within the church community:

REPORTING MISCONDUCT

The Episcopal Diocese of San Diego considers the reporting and investigation of misconduct to be of critical importance. Reporting enables the diocese to protect the complainant, the respondent, and the larger community. It also allows the diocese to assist with the spiritual, psychological, and emotional needs of all concerned during and after the report of misconduct.

To learn more, please visit edsd.org/safe-church-safe-communities/reporting-misconduct/

ALL SAINTS' EPISCOPAL CHURCH



625 Pennsylvania Avenue
San Diego, CA 92103-4321
Office Hours: Mon. - Fri, 9:00 AM - 3:00 PM

Phone: (619) 298-7729

Fax: (619) 298-7801

Email: info@allsaintschurch.org

Website: www.allsaintschurch.org

Rector: The Rev. Carlos E. Expósito rector@allsaintschurch.org

If you would like to contact the **Episcopal Diocese of San Diego**, visit their website at edsd.org

PARISH STAFF

Parish Administrator

Mr. Renzo C. Seguin
administrator@allsaintschurch.org

Business Administrator

Mrs. Theresa Krist
finance@allsaintschurch.org

MUSIC

Organist & Choirmaster

Robert MacLeod

Soprano: Emily Ortlieb

Tenor: Dennis Williams

Baritone: John White

During the Offertory, you may make your contribution digitally (e.g. via credit card) by scanning the following QR code:



ALL SAINTS' VESTRY

Sr. Warden

Mx. Barbara Wilder

Jr. Warden / Clerk

Ms. Emily Ortlieb

Treasurer

Mr. Ed Heck

Facilities Liaison

Mr. Cree Craig

Mrs. Lynette Blakney

Mr. Gary Beyer

Ms. Tanya Tatem

Mr. Ted Crittenden

Ms. Jeannie Gehagan

Mr. John Blumeyer

Mr. Michael Lockridge

Mr. Karl Jörgensen

Ms. Dinora Barragan

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